

FAST Pumpkin Plunge Meet Information

Friday – Sunday
October 10-12, 2025

Location
FAST Ocala
4635 SW 67th Ave Rd
Ocala, FL

WE WILL UPDATE THESE LINKS AS WE GET THEM FROM THE MEET HOST

Meet Letter	Gator Entry	Psych Sheet	Pre-scratch timeline	Volunteer	Tickets	Heat Sheets
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Please be sure to have your event number, heat, and lane with your swimmer on deck. We have over 100 swimmers at this meet, we need your help on the organization. If this is your first meet [CLICK HERE](#) on how to find the info and how to have it placed on the swimmer.

Meet Specific

The team will sit on deck and all spectators will be in the spectator balcony. If you wish to be on deck, you'll need to be a volunteer! A list of volunteer positions are above in the table. We encourage our parents to help out with timing as we are going to run two courses for this meet, so lots of spots. Tickets for spectators above. Volunteers get in FREE.

We anticipate having a girls course and a boys course for this meet, meaning all warm up and warm down will be in the outdoor pool for this meet (once competition starts).

Please be sure to bring water, sports drinks, and snacks for the meet. Please be sure to pick up after your area of all trash, we weren't great about that at our last meet!

Attire

As usual, if you elect to wear a cap it MUST be a Gator Swim Club team cap. We will wear our Gator team suits for this competition. You'll receive your new 2025 team suit at practice this week. If you have been told to suit but for this meet by your group coach, a Speedo tech suit may be worn for competition.

Friday – Black Shirts
Saturday – Blue Shirts
Sunday – Orange Shirts

Warm Ups

Be on time for warm ups, make sure you are on deck for the arrival time!

Friday

5:10 Arrival
5:30 Warm Up
6:15 Meet Starts

Saturday

7:40 Arrival (D2-A1 8:00am)
8:00 Warm Up (D2-A1 8:30am)
9:15 Meet Starts

Sunday

7:40 Arrival (D2-A1 8:00am)
8:00 Warm Up (D2-A1 8:30am)
9:15 Meet Starts