

Novice Intrasquad Meet

Sunday, September 28, 2025

O'Connell Center, Gainesville

Reminder: This meet is intended as an opportunity for our novice swimmers to become familiar with meet protocol and to experience the competition environment with only their coaches and teammates. **It is not a sanctioned meet and the times will not count.**

Team Schedule

Arrive no later than: 4:00 pm

Doors open for athlete and volunteer entry: 4:00 pm

Warmup begins: 4:10 pm

Spectator entry begins (Gate 3 doors): 4:15 pm

Volunteer meeting: 4:20 pm

Meet begins: 4:30 pm

Meet ends: approximately 5:45 pm

Parking and Entry

Stephen C. O'Connell Center (O'Dome) indoor pool (250 Gale Lemerand Drive, corner of Gale Lemerand and Stadium Road)

Because of a UF volleyball match at the O'Connell Center earlier in the afternoon, the small lot to the west of the building will be gated off and not available to us. Parking is available in the main lot (between the building and University Avenue), and then you can walk around the building to the entrance to the indoor pool. If you are standing at the Gate 3 doors looking down the slope at Stadium Road, that entrance is to your left down the walkway along the UF Swimming and Diving building. (See the facility map at the end of this file.)

A coach will greet swimmers at the pool door when they arrive and help get them to where they need to be.

Spectators

Spectators can watch the meet from the viewing balcony above the pool, which is accessible from the building's Gate 3 lobby. Access to the lobby and balcony will open at 4:15 pm.

NO FOLDING CHAIRS ARE ALLOWED in the balcony per facility rules.

Volunteers

If you signed up to volunteer, thank you! Please plan to meet on the pool deck near the starter location at 4:20 pm for the timer's meeting.

Swim Bag Packing List

The meet is short and indoors, so the swimmers do not need to have a lot!

Swimmers should come to the pool with their GSC team suit on if they have one. For swimmers who do not have their team suits yet, any suit is fine! Swimmers can change out of their suits in the locker rooms after the meet if they wish.

Swimmers should come wearing their blue or orange GSC team shirt.

If your swimmer chooses to wear a cap, it must be a GSC team cap.

All swimmers should also have the following items:

- Goggles (a spare pair is always a good idea to keep in your bag!)
- 1 or 2 towels
- Full water bottle

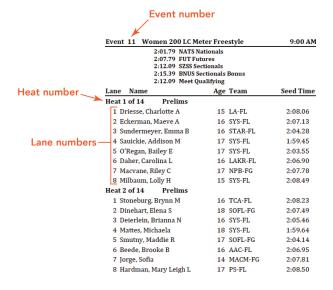
Heat Sheets

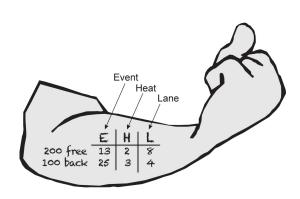
The heat sheet (a list of events showing heats and lanes for each swimmer) will be sent out as soon as they are finalized. You must print your own heat sheet for this meet if you wish to have one to refer to during the meet—there will not be extra copies available.

Events

All swimmers have been entered in 3 or 4 individual events and 1 relay.

Using the heat sheet, it will be helpful to write your swimmer's events, heats, and lanes with a permanent marker on their arm, leg, or on a notecard BEFORE coming to the meet, as shown in the image below. While coaches will line everyone up for each swim at this meet, the grid helps the kids follow along with the meet and know when and what they are swimming.





Swimmers should make sure they pick up a prize after each of their individual swims and a participant ribbon at the end of the meet.

Relays

Every swimmer will be assigned to a mixed 100-yard freestyle relay at the end of the meet. Relay assignments will be included in the heat sheet.

Every swimmer will swim a 25 freestyle for their leg on the relay:

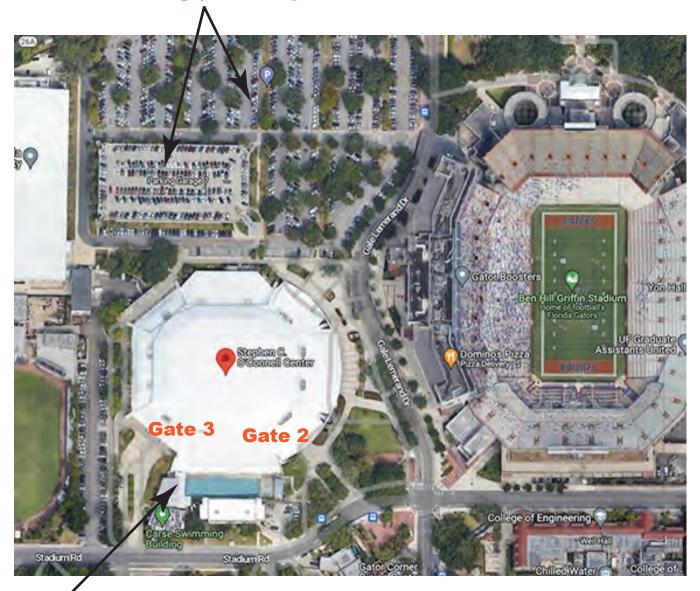
- Swimmers going first or third in their relay will report to the starting-block end of the pool for their relay swim.
- Swimmers going second or last in their relay will report to the bulkhead end of the pool for their relay swim.
- Don't worry! Coaches will make sure swimmers make it to the right spot!

Relays will be run in heats at the conclusion of the meet. Please do not leave until the relays are finished!

Results

Even though they are not official, we will compile meet results and send them out by e-mail next week.

Parking (Main Lot)



Entry to indoor pool