

**Bolles School Sharks TYR Winter Short Course Invitational  
February 5–7, 2010  
Hosted at Cecil Field Aquatics Center, Jacksonville, Florida**

**Sanctioned by:** Florida Swimming of USA Swimming # 5022

**Condition of Sanction:** The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

**Sponsored by:** The Bolles School & The Bolles School Sharks

**Type of Meet:** 8 & under, 10, & under, 11-12 and Senior Timed Finals, 25 yard Short Course.

**Dates & Times:** Friday, February 5, 2010  
Afternoon Timed Finals Session 4:30 p.m. (10 & Under, 11 & 12 Senior)  
Saturday, February 6, 2010  
Morning Timed Final Session, 8:00 a.m. (Senior)  
Afternoon Timed Final Session, Not before 12:00 p.m. (8& Under, 10 & Under, and 11-12)  
Sunday, February 7, 2010  
Morning Timed Final Session, 8:00 a.m. (Senior)  
Afternoon Timed Final Session, Not before 12:00 p.m. (10 and Under and 11-12)

**Location:** Cecil Aquatics Center  
13611 Normandy Blvd.  
Jacksonville, FL 32221

Ph# (904) 573-8994

To see pictures of the venue please click on to the link below

<http://www.coj.net/Departments/Parks+and+Recreation/Recreation+Activities/Cecil+Recreation+Complex/default.htm>

**Pool Specifications:** One 25 yard course of 10 lanes certified indoor heated pool or two 8 lane 25 yard courses with minimum water depth at the competition starting end of 5'0", non-turbulent lane lines.

**Timing Equipment:** Colorado timing system and back up; *Hytek Meet Manager for Windows* will be used to score the meet.

**Teams/Swimmers must provide their own timer on all events 400 yds and greater in the Meet.**

**Warm-up:** Friday Afternoon – 3:30 to 4:20 p.m., 4:30 p.m. start  
Saturday Morning – 7:00 to 7:50 a.m., 8:00a.m.start  
Saturday Afternoon – Approximately 11:00 to 11:50 a.m., Start Not Before 12:00 p.m.\*  
Sunday Morning – 7:00 to 7:50 a.m., 8:00am start  
Sunday Afternoon – Approximately 11:00 to 11:50 a.m., Start Not Before 12:00p.m.\*  
Continuous warm-up will be available during all sessions in the adjacent pool/diving well.

\* Swimmers in the Sat/Sun afternoon sessions will be given a minimum of 30 minute warm-up on a competition course following the completion of morning session events, prior to the start of the meet.

**Eligibility:** Open to all USA Swimming registered swimmers.

**Entry Limit:** Meet will be limited to the first 700 swimmers entered. Swimmers are limited to eight (8) individual events for the meet and up to three (3) individual events entered per day. Any swimmer entered in excess of this limit will be considered as entered in the first three (3) individual events that day and scratched from all subsequent events entered that day.

**Seeding:** 25-yard short course times will be used for seeding. Conversions may be made using the formula in the 2009 Florida Swimming handbook or by the standard computer software used to prepare your entry.

Swimmers in individual events that are deck seeded must check in with the Clerk of Course by the designated and announced time prior to the start of the event to be seeded (see order of events for deck-seeded events, swimmer limits and deadlines).

**Scratches:** No penalty for scratching at the blocks in pre-seeded timed final events.

Any swimmer that checks in for an individual event requiring positive check-in that subsequently fails to compete in that event after the event is seeded shall be scratched from the next event entered. The Meet Referee may, in the event of certification of illness or injury, declare that no penalty will be imposed.

**Entry Form:** All entries must be submitted on the enclosed entry forms that will also serve as proof of entry (see exception for computer disk entry below). The current USA Swimming registration number for each entered swimmer must be listed on the entry form. A member of USA Swimming, who has completed the form, must sign the Master Entry Form.

**Diskette Entries:** In addition to the above form, teams are encouraged to provide their entries on 3.5" floppy diskette in a format readable by the *Hytek for Windows Meet Manager* software that will be used to run the meet. Any team so entering will be provided with a results disk at the conclusion of the meet. Teams electing to enter the meet in this manner **must provide** a signed Master Entry form and print out of their athletes' entries as proof of entry. The Order of Events for Hytek's Team Manager software may be downloaded from the Florida Swimming and/or Hytek web sites.

We will strive to have the Hytek event files posted on our web site ([www.bollesswimming.org](http://www.bollesswimming.org)) and/or the Florida Swimming web site ([www.floridaswimming.org](http://www.floridaswimming.org)) for downloading and importing to Team Manager for those teams submitting entries on diskette. You may also have this file e-mailed to you by contacting Martin Zubero at the phone number or e-mail address listed below.

**Deck Entries:** Deck entries will be accepted on a lane available basis. No new heats will be created.

**Entry Fee:** Facility Fee - \$7.50 per swimmer  
Deck Entered Events - \$10.00 per event

Individual Events – \$3.00 per event

**Entry Deadline:** Thursday, January 28, 2010. Please mail entries to:

Martin Zubero (904) 256-5212  
c/o The Bolles School Sharks  
7400 San Jose Boulevard  
Jacksonville, FL 32217

e-mail- for meet information

[ZuberoM@bolles.org](mailto:ZuberoM@bolles.org)

**FOR HYTEK ENTRIES ONLY**

[bollesswimming@yahoo.com](mailto:bollesswimming@yahoo.com)

Enclose check or money order, payable to the Bolles School Sharks for all entry fees. Express Mail or other rapid mail service delivery is preferred; Faxed and/or e-mailed entries will **not** be accepted without the **prior** approval of Martin Zubero.

**Officials:** Referee – Sue Talwar  
Starter – Jeff Breault  
Chief Judge– Satomi Sugishita

Admin Ref – Kristy Gavin  
Meet Marshall- Jason Calanog

**Officials available to officiate at any session(s), please email: [susan.talwar@dla.mil](mailto:susan.talwar@dla.mil)**

**Awards:** Ribbons will be awarded for first through eighth places in all 8 & U, 10 & U and 11-12 events

**Rules:** Current USA Swimming Technical Rules and Regulations will govern the conduct of this meet. Safety rules, as by USA Swimming and as outlined recognized by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas. No equipment (hand paddles, kick boards, etc.) will be allowed in any warm-up area.

**Starting Procedures:** "Fly-over" starting procedures will be utilized.

In addition, the Meet Referee may combine heats in order to meet the time line constraint of 4 hrs/session.

**Identification:** Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during the meet.

**Coach Supervision:** All swimmers participating in the meet must be supervised by an USA Swimming Certified Coach.

**Team Representative:** Prior to the start of the meet, the name of one person other than the coach who will check with the Meet Referee about any matter pertaining to the meet may be given to the Meet Referee. The coach(es) and that person only will be recognized.

**Information:** Martin Zubero – (904)256- 5212

## WARM-UP SCHEDULE

**\*\* NO EQUIPMENT**

**\*\* ONE HAND ON THE DECK OF THE POOL WHEN NOT DOING A RACE START**

### GENERAL WARM-UP UNTIL 30 MINUTES PRIOR TO START OF SESSION

#### LANE

- 1 Pace 50 and 100 circle swimming, push off
- 2 Pace 50 and 100 circle swimming, push off
- 3 Swimming and pulling, push off
- 4 Swimming and pulling, push off
- 5 Swimming and pulling, push off
- 6 Swimming and pulling, push off
- 7 Swimming and pulling, push off
- 8 Pace 50 and 100 circle swimming, push off

### CONTROLLED WARM-UP FINAL 30 MINUTES PRIOR TO SESSION

#### LANE

- 1 Pace 50 and 100 circle swimming, push off
- 2 Racing start 50's (one length) from start end only
- 3 Racing start 50's (one length) from start end only
- 4 Swimming and pulling, push off
- 5 Swimming and pulling, push off
- 6 Swimming and pulling, push off
- 7 Racing start 50's (one length) from start end only
- 8 Pace 50 and 100 circle swimming, push off

**Bolles School Sharks Winter Short Course Invitational**  
**February 5 - 7, 2010**  
**Hosted at Cecil Field Aquatics Center, Jacksonville, Florida**

**Order of Events**

**Friday Evening, February 5, 2010**

Warm- up 3:30pm

Events - 4:30pm

**Girl's & Boy's Combined  
Events**

<u>#</u>	<u>Age Group</u>	<u>Event</u>
1	10 & U	200 y Individual Medley
2	11 & 12	200 y Individual Medley
3	Senior	400 y Individual Medley
4	10 & U	500 y Freestyle
5	11 & 12	500 y Freestyle
6	Senior	500 y Freestyle

*Events 3/4/5/6 require positive check-in by 3:45 p.m. and will be swum FASTEST to SLOWEST.  
Teams/Swimmers must provide their own timer. Meet management reserves the right to limit  
events 3/4/5/6 to fastest checked-in swimmers in order to remain under a 3 1/2 hr timeline*

**Saturday Morning, February 6, 2010**

Warm- up 7:00 am

Events- 8:00 am

**Girls' Events**

**Boys'  
Events**

<u>#</u>	<u>Age Group</u>	<u>Event</u>	<u>#</u>
7	Senior	200 y Freestyle	8
9	Senior	100 y Butterfly	10
11	Senior	200 y Backstroke	12
13	Senior	100 y Breaststroke	14
15	Senior	200 y Individual Medley	16
17	Senior Combined	1000 y Freestyle	

*Event 17 requires positive check-in by 08:00 a.m. Teams/Swimmers must provide their own timer.  
Events will be limited to six (6) total heats and will be swum FASTEST to SLOWEST. The event will be  
divided amongst the fastest checked-in swimmers by gender.*

**Saturday Afternoon, February 6, 2010**

Warm- up 11:00 am

Events -12:00 pm

**Girls' Events**

**Boys'  
Events**

<u>#</u>	<u>Age Group</u>	<u>Event</u>	<u>#</u>
19	10 & U	200 y Freestyle	20
21	11 & 12	200 y Freestyle	22
23	8 & U	25 y Butterfly	24
25	10 & U	100 y Butterfly	26

27	11 & 12	100 y Butterfly	28
29	8 & U	25 y Backstroke	30
31	10 & U	50 y Backstroke	32
33	11 & 12	50 y Backstroke	34
35	8 & U	25 y Breaststroke	36
37	10 & U	100 y Breaststroke	38
39	11 & 12	100 y Breaststroke	40
41	8 & U	25 y Freestyle	42
43	10 & U	50 y Freestyle	44
45	11 & 12	50 y Freestyle	46

**Sunday Morning, February 7, 2010**

Warm- up 7:00 am

Events 8:00 am

**Girls' Events****Boys'  
Events**

<u>#</u>	<u>Age Group</u>	<u>Event</u>	<u>#</u>
47	Senior	100 y Freestyle	48
49	Senior	200 y Butterfly	50
51	Senior	100 y Backstroke	52
53	Senior	200 y Breaststroke	54
55	Senior	50 y Freestyle	56
57	Senior Combined	1650 y Freestyle	

*Event 57 requires positive check-in by 08:00 a.m. **Teams/Swimmers must provide their own timer.**  
Events will be limited to **six (6) total heats** and will be **swum FASTEST to SLOWEST**. **The event will be divided amongst the fastest checked-in swimmers by gender.***

**Sunday Afternoon, February 7, 2010**

Warm- up: 11:00 am

Events -12:00 pm

**Girls' Events****Boys'  
Events**

<u>#</u>	<u>Age Group</u>	<u>Event</u>	<u>#</u>
59	10 & U	100 y Freestyle	60
61	11 & 12	100 y Freestyle	62
63	10 & U	50 y Butterfly	64
65	11 & 12	50 y Butterfly	66
67	10 & U	100 y Backstroke	68
69	11 & 12	100 y Backstroke	70
71	10 & U	50 y Breaststroke	72
73	11 & 12	50 y Breaststroke	74
75	10 & U	100 y Individual Medley	76
77	11 & 12	100 y Individual Medley	78

## Master Entry Form

Team name: \_\_\_\_\_ Call Letters: \_\_\_\_\_

Address: \_\_\_\_\_

Coach: \_\_\_\_\_ Home phone: \_\_\_\_\_ Office: \_\_\_\_\_

### Swimmers/Coach Registration

I certify that all individuals listed on the attached forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the USA Swimming listed member coaches will be on deck supervising during warm-up and competitive sessions at the meet.

Name of Coach:	Team:
_____	_____
_____	_____
_____	_____
_____	_____

I certify that all individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered Non-athlete member.

_____	_____
Signature (must be USA Swimming member)	Team
	Date

Entries must be received by Thursday, January 28, 2010. Please submit entries to:

Martin Zubero	(904) 256-5212
c/o The Bolles School Sharks	e-mail:
bollesswimming@yahoo.com	
7400 San Jose Boulevard	
Jacksonville, FL 32217	

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### Financial Recap

We have entered the following:

TOTAL SWIMMERS	_____	@ \$7.50 EACH = \$	_____
INDIVIDUAL EVENTS:			

Timed Finals	_____	@ \$3.00 EACH = \$	_____
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TOTAL FEES DUE \$ \_\_\_\_\_

*\*\*Enclose check for the above amount payable to the Bolles School Sharks\*\**